

BETHEL AFRICAN METHODIST EPISCOPAL CHURCH

Reverend Dennis E. Hughes, Pastor
Reverend Valerie V. Hughes, Advisor

W.O.K.E. Women

NEWSLETTER

Wisdom-Obedience-Knowledge-Empowerment

Proverbs 31:26



Message from Rev. Val

Grace & Peace,

Welcome to W.O.K.E Women's Ministry 4th Year Anniversary Issue

We pray this Newsletter will continue to inform and inspire you it has been put together just for you. Get in your favorite chair relax, read and then read again.

Please allow me to say Thank You once again to all those who have partnered to be a vital part of this ministry.

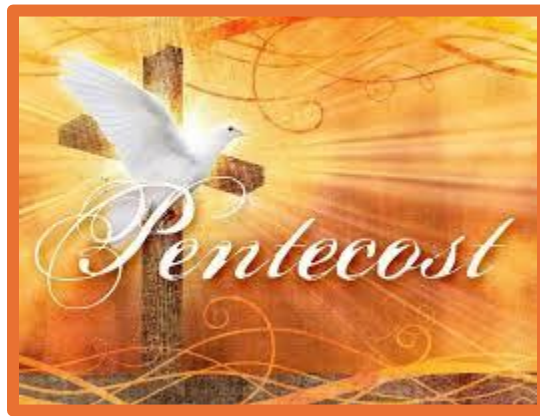
Special thanks to the entire newsletter committee for your dedication.

Stay Blessed ...

Mission

***Our Women's Ministry** seeks to equip women to minister to others with the common goal of doing the will of God. We are committed to creating an atmosphere where women can experience spiritual maturity and fellowship. It is our desire to develop friendship, support, and resources to encourage women within our community and church by sharing God's love.*

HOPE FILLED QUIET TIME- PRA



Pentecost Prayers

Pentecost marks the day the Holy Spirit descended upon the apostles, making it a significant time for prayer and spiritual renewal in the Christian faith. Discover these heartfelt prayers for Pentecost that invite the Holy Spirit's guidance, strength, and presence into your life.

Prayer for the Holy Spirit's Presence

Dear Holy Spirit,

Fill our hearts with Your presence.

Guide us with Your wisdom and love.

Amen.

Prayer for Unity

Loving God,

On this day of Pentecost,

Bring us together in Your love and peace.

Help us to be one in spirit and purpose.

Amen.

Prayer for Strength

Heavenly Father,

Grant us the strength and courage that Your Spirit brings.

Empower us to live out our faith boldly.

Amen.

Prayer for Renewal

Spirit of God,

Renew our hearts and minds today.

Fill us with Your grace and peace.

Amen.

Prayer for Guidance

Lord Jesus,

Send Your Holy Spirit to guide us.

Lead us on the path of righteousness and truth.

Amen.

Prayer for Spiritual Gifts

Gracious God,

Bestow upon us the gifts of Your Spirit.

Help us to use them for Your glory and the good of others.

Amen.

These prayers are simple yet profound ways to seek the Holy Spirit's influence and support during Pentecost.

Additional Prayers

A Prayer for Pentecost to Reflect and Rejoice

A Prayer to the Holy Spirit

A Prayer to Welcome the Holy Spirit into Our Day

Thank You for The Spirit

A Prayer to Access the Power of the Holy Spirit

<https://www.crosswalk.com/faith/bible-study/a-hopeful-prayer-for-pentecost-to-reflect-and-rejoice.htm>

5 Remarkable Things to Know about Pentecost Sunday

The Christian remembrance of Pentecost holds important biblical teaching that builds the life of a believer and continues to support the fulfillment of the Great Commission in our time.

Pentecost Sunday 2026 falls on May 24 this year. Let's look at the meaning of Pentecost Sunday in the Bible and consider five remarkable things all believers should know about Pentecost.

1. Pentecost Sunday celebrates the provision of God. Pentecost is about the provision of God in our lives. By his grace he saves us, by his promises he keeps us, and by his glorious power he shall raise us from the dead.
2. Pentecost Sunday fulfills the ancient prophecies of Scripture. We must remember as we gather in our churches, as we live our lives, as we lead our families in devotion, that Almighty God is fulfilling the redemptive mission of the ages by the empowering of his people to fulfill the Great Commission
3. Pentecost fulfills the promises of Jesus.
4. Pentecost Sunday is the supernatural inauguration of the worldwide mission of God in the world.
5. Pentecost marked the reversal of the curse of Babel.

Entire Article: <https://www.crosswalk.com/faith/bible-study/things-to-know-about-pentecost.html>

30 Prayers for Pentecost with Scriptures to Back

Pentecost, a celebration of the Holy Spirit's outpouring, marks a pivotal moment in Christian faith, symbolizing unity, empowerment, and divine guidance.

Prayer during Pentecost is a powerful way to seek a deeper connection with God and to embrace the Spirit's transformative work in our lives.

These prayers and scriptures reflect the essence of Pentecost renewal, spiritual strength, and the fulfillment of God's promises.



35 Powerful Prayers For Mother's Day-2026

This collection of 35 powerful Mother's Day prayers is designed to cover mothers in every area of life. Each prayer is paired with an encouraging Bible verse and is written in a heartfelt, uplifting tone. Some prayers speak blessings, others speak healing, comfort, joy, strength, or restoration. Whether you are praying for your mother, a mother you admire, or yourself as a mother, these prayers will serve as a spiritual gift of love and appreciation.

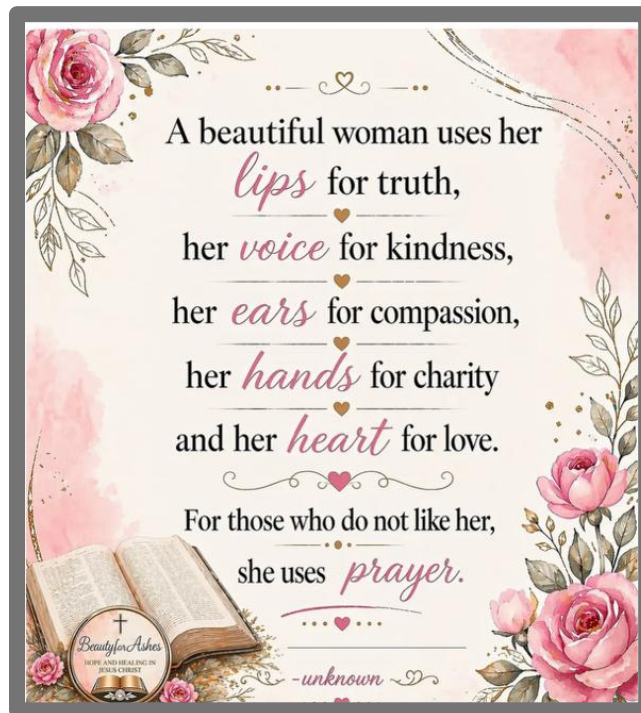
As you read and pray through these words, may you be reminded that God sees every mother. He strengthens her hands, carries her burdens, restores her joy, and blesses her labor of love. May these prayers fill your heart with gratitude for the gift of motherhood and

deepen your appreciation for the women who nurture, sacrifice, and love with the heart of Christ.

Mother's Day is a beautiful opportunity to honor, celebrate, and uplift the incredible women who shape our lives with strength, love, sacrifice, and unwavering faith. Mothers carry a divine assignment, one woven with tenderness, endurance, prayer, and resilience.

Whether biological mothers, adoptive mothers, stepmothers, spiritual mothers, grandmothers, guardians, or mother figures, these women pour into our lives in ways that echo God's nurturing heart. Their guidance forms our foundations, their prayers shape our destinies, and their sacrifices often go unseen by the world but are always seen by God.

Link to Prayers: <https://elevatedprayers.com/prayers-for-mothers-day/>

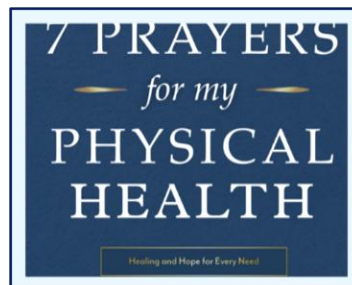


THE LORD IS NEAR TO ALL WHO CALL ON HIM,
TO ALL WHO CALL ON HIM IN TRUTH.

PSALMS 145:18



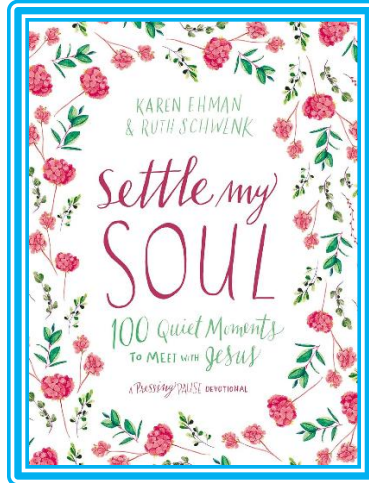
Click on picture for Prayer Devotional



When God promises “. . . for I am the LORD, who heals you,” (Exodus 15:26), He speaks not just to ancient Israel but to you, today, in whatever situation you’re facing.

[7 Prayers for My Physical Health](#)

BOOK CORNER



Find peace for your heart and rest for your spirit with these encouraging devotions for moms.

Are your days full? Are you tired and craving quiet for your soul? You're not alone. If days filled with obligations and never-ending to-do lists leave you feeling anxious and overwhelmed, you can find the peace your soul longs for.

Karen and Ruth are women who understand all that you're juggling, and they desire for you to experience the refreshment that comes only from the Lord. *Settle My Soul* is the companion to the best-selling devotional *Pressing Pause*. With just a few minutes each day, you will discover:

How you can connect with God

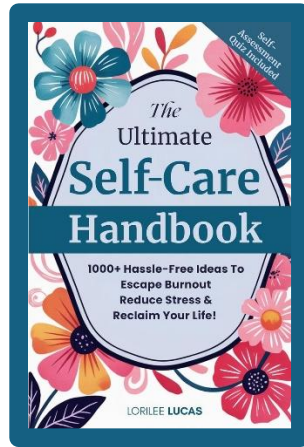
Ways to set aside your busyness and worries

How to center your thoughts on Him and His word

Restoration of your peace of mind.

Each devotional includes a brief but meaningful devotional message, applicable scripture, guided prayer, and reflection questions. Throughout the devotional, you'll also find journaling pages for deeper reflection and it is the perfect gift for birthdays, Mother's Day, Christmas, or other special occasions.

Your life is loud. But if you will just press pause for a few minutes each day, you can discover what Jesus longs to give you: His peace.

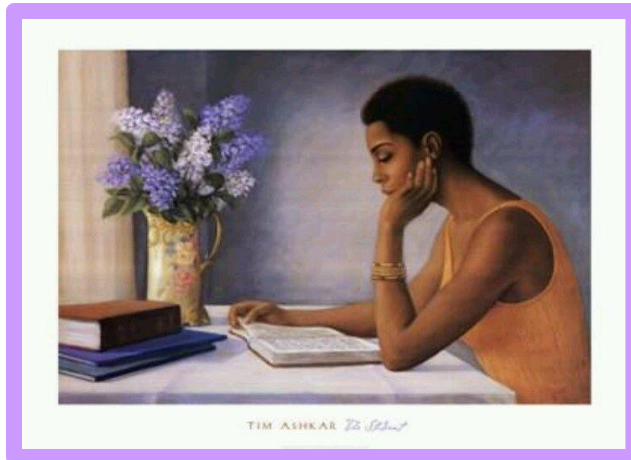


Stop Surviving and Start Thriving

Do you feel guilty every time you try to prioritize yourself, even though deep down, you know you need to? What if you could replace exhaustion with energy and create a balanced, fulfilling, and joyful life? The Ultimate Self-Care Handbook offers clear, actionable steps you can start using right away. With the help of a self-assessment quiz, you'll uncover the areas of your life that need the most support. Armed with these insights, you can easily navigate to the chapters that address your specific needs. More than just another self-care book, this practical and customizable toolkit is designed to help you thrive amidst life's challenges. Packed with evidence-based strategies and over 1,000 actionable ideas, it meets you where you are and empowers you to create a self-care plan as unique as you are.



- We can never praise Jesus to much.
- Prayer is the bridge between panic and peace.
 - God is always at work in and through us.
 - God's grace offers us fresh starts.
- Hope for the Christian is a certainty-because its basis is Christ.
 - God is worth waiting for; His time is always best.



4 Solid Tips for Getting Started with Bible Study

Getting started with Bible study can seem overwhelming. There are 66 books to choose from and thousands of verses—not to mention the large selection of Bible study resources. But Bible study isn't as difficult as it may seem. In fact, millions of people around the world enjoy reading Scripture each day and discovering something new. To help you start your journey, we've provided a few tips on getting into the Bible. We pray that as you study, God's Word will come alive for you.

- Pray first.
- Take notes.
- Don't get discouraged.
- Take action.

[Entire Article Link](#)



THE PRINCIPLES OF CONTENTMENT

C



CHRIST IS ENOUGH.

In Him, I lack nothing.

PHILIPPIANS 4:19

O



OWN WHAT YOU HAVE.

God's provision is sufficient.

1 TIMOTHY 6:6-8

N



NOT OTHERS, BUT GOD.

My joy is found in Him, not comparison.

PSALM 37:4

T



TRUST HIS TIMING.

He makes all things beautiful in His time.

ECCLESIASTES 3:11

E



ENJOY THE BLESSINGS.

Receive with gratitude, steward with faithfulness.

1 TIMOTHY 6:17

N



NEED NOT MORE, BUT GOD.

He satisfies the deepest places.

MATTHEW 6:33

T



THE LORD IS MY ANCHOR.

I am secure, no matter the storm.

HEBREWS 13:5



PREACH
— THE WORD —

30 Verses For When You're *Overwhelmed*

1 Lead Me To The Rock Psalm 61:2	2 Peace Be Still Mark 4:39	3 Refuge And Strength Psalm 46:1	4 Casting All Care 1 Peter 5:7	5 Lift My Eyes Psalm 121:1-2
6 He Fights For You Exodus 14:14	7 Do Not Fear Isaiah 41:10	8 Perfect Peace Isaiah 26:3	9 Light And Momentary 2 Corinthians 4:17	10 Through The Waters Isaiah 43:2
11 Stronger Than Waves Psalm 93:4	12 Trust In Him Psalm 56:3	13 The Lord Is My Light Psalm 27:1	14 I Have Overcome John 16:33	15 Weary And Heavy Matthew 11:28
16 Known Altogether Psalm 139:1-4	17 Fear Not Isaiah 41:13	18 Sustained By Grace 2 Corinthians 12:9	19 My Portion Forever Psalm 73:26	20 Everlasting Arms Deuteronomy 33:27
21 A Strong Tower Proverbs 18:10	22 Be Anxious For Nothing Philippians 4:6	23 Peace That Guards Philippians 4:7	24 Sheltered Under Wings Psalm 91:4	25 One Thing Is Needed Luke 10:42
26 Morning Is Coming Psalm 30:5	27 Storms Will Pass Matthew 8:26	28 Hidden In Him Psalm 32:7	29 Hope In God Psalm 42:5	30 His Burden Is Light Matthew 11:30

FAITHFUL GRACE



PRAYER



Thursday's @ 6:30PM (dial in 408-638-0968) zoom 753-846-6233 #

THE FUNNEL GUIDING PRINCIPLES

